**EDUCATION**

***Bachelor of Science in Nursing*- University of New England, Portland, ME**

**2018-2022**

* **Please see attached clinical experiences**

***Central High School-* Manchester, NH**

**2014-2018**

**HONORS**

* **Sigma Theta Tau International Nursing Honor Society, Kappa Zeta-at-Large Chapter – Inducted 2021**
* **Dean’s List (all semesters)**

 **CERTIFICATIONS**

* **Basic Life Support CPR certified (2018-Current)**
* **Collaborative Institutional Training Initiative (CITI) Social and Behavioral Sciences Responsible Conduct of Research (Basic Course)**
* **Institute for Healthcare Improvement (IHI) Open School for Health Professions Basic Curriculum**

**WORK EXPERIENCE**

***Cashier/Customer Service Representative,* Target**- Hooksett, NH (2016-2021)

* Applied knowledge to operate registers, merchandise stock and meet customer needs, maximizing group performance and maintaining high satisfaction with customers
* Communicated effectively to guests and colleagues
* Delegated tasks to other employees
* Multitasked in different areas of the front end

***Campus Center***- University of New England, Biddeford, ME (2019-2020)

* Front desk associate
* Communicated with students, provided resources and information to students, faculty, and community members, and facilitated sales

***Nanny*** (2012-Current)

* Offered positive, nurturing, and safe environment to support children’s social and emotional growth
* Offered top-notch care to 3+ children at once, ranging in ages from infancy to 12 years

**CLINICAL ROTATION SUMMARY**

***Senior Preceptorship***

* Southern Maine Health Care- PACU/ACU/OR (2021)
* Received and gave report from many members of healthcare team including anesthesiologist, OR nurse, ACU/PACU nurse, and surgeon.
* Monitored and completed focused assessments when patient came back from surgery, utilizing bedside monitor
* Thorough documentation
* Performed many nursing skills including administration of IV and PO medications, removal and application of oral airway, assisting in patient needs (ADLs), transportation, removal of IV’s, aid in spinal block, application of devices
* Communicated effective discharge education to patients
* Observed 20+ procedures in OR

***Maternity/Child Health Rotations***

* Maine Medical Center- Labor and Delivery floor, Mother-Baby unit, Prenatal Care, and Nursery (2022)
* Performed and interpreted fetal monitoring and contractions of mother, completed newborn assessments, observed labor and delivery, ultrasounds and specialized procedures/testing’s.
* COR Health (2022)
* Expected management in chronically ill child
* School Nursing, John F Kennedy School (kinder/pre-k), Biddeford, ME (2022)
	+ Expected to follow a school nurse, one-on-one

***Medical-Surgical Rotations***

* Maine Medical Center, R2 (2021)
* Researching medications prior to administration, performing head-to-toe patient assessments, safety assessments, admission assessments, documenting on computerized medical records, receiving report, assisting with ADL’s, monitoring for patient status changes, foley insertion
* Maine Medical Center, R7 Telemetry/Cardiac floor (2021)
* Care and treatment of patients with varying stages of cardiac disease processes, administering medications, assisting nurse with dressing changes, monitoring patient input and output, monitoring and interpreting ECG rhythms, performing head-to-toe assessments, assisting with ADL’s, receiving report, thorough documentation on computerized medical records
* Proficiency in Epic system
* New England Rehabilitation Hospital, Portland, ME (2020)
* Observing the nurse’s role in rehabilitation, communication skills with patients, involved interviewing and observing patients, performing head-to-toe assessments, assisted in ADL’s

***Vaccine Clinic***

* 225 Gorham Rd, South Portland, ME (2021)
* Administered Influenza vaccine, and COVID-19 booster vaccines
* Completed proper documentation for each vaccine given

***Mental Health Rotation-Simulation/Online Simulation (2021)***

* **Performed care to patients with different mental health disorders through online simulation**
* **Engaged in simulated therapy sessions with patients with a wide range of mental disorders**
* **Improved in productive communication skills**